

# Copenhagen Open

Denmark's largest international track & field meeting is, like everyone else, also affected by the Covid-19 crisis, and will be conducted with respect to the assembly ban of max. 100 people at the competition area and max. 500 people at the entire stadium.

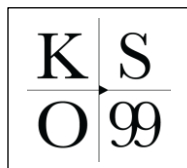
Therefore, there will be fewer events than usual and there may be restrictions on the number of participants in the technical events in particular.

The National Championship coming up 2 weeks later, and this means almost full program.

If you, as a youth, are missing some events, you are more than welcome to join older age groups with your own implements.

We are looking forward to seeing you in Hvidovre!

[www.CopenhagenOpen.net](http://www.CopenhagenOpen.net)



**HVIDOVRE  
KOMMUNE**

**Sponsorer Copenhagen Open 2020**



**COPENHAGEN OPEN**  
1-2<sup>th</sup> August 2020



**Fastest running track in Denmark**  
**Tailwind at 100 and 200m!**



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It will be a different version of this year's Meeting due to Covid-19. This means fewer age groups, fewer events and a different approach to being together. But we are looking forward to really getting starting the season, so a warm welcome to the 8th edition of ...

## Copenhagen Open 2020

We only run in tailwind in the 100 and 200m! We therefore run in the opposite direction if the wind blows the wrong way. With only 2 weeks for the National Championships we hope for good and exciting competitions.

<b>REGISTRATION</b>	No later than Sunday 19 <sup>th</sup> July by using the special Excel entry form at the meeting website.
<b>PARTICIPANT LIMITATION</b>	To comply with the assembly ban on max. 100 people in the competition field, there may be participant limitation in especially the technical events. But we will try to solve it, so that hopefully everyone will get to start.
<b>ENTRY FEES</b>	70 DKR/event in the age group up to 15 years (YOB 2005). 85 DKR/event from 16 years and older (YOB -2004). All entries must be paid on place in Danish currency.
<b>LATE ENTRY</b>	If possible, and only by paying double entry fee.
<b>ACCOMODATION</b>	Due to Covid-19 it will not be possible to accommodate at the school opposite the stadium this year. Instead we recommend accommodation at hostels, camping sites and hotels, see more on the website
<b>FOOF &amp; BEVERAGE</b>	It will as always be possible to buy different foods and beverages in the stadium at the Café Copenhagen Open
<b>PRIZES</b>	11 years (09-): Prizes for the first 6 in all events. 12+ years (-08): Prizes for the first 3 in all events.
<b>TIME SCHEDULE</b>	You can find the preliminary time schedule at our website
<b>MORE INFO</b>	Our website will continuously being updated with all the latest
<b>CAFÉ CPH OPEN</b>	Socialize, relax, network, have some food, coffee, water, snack etc. Visit the Café at the starting line.

More information will continuously be available on our website

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### Saturday

### Events

### Sunday

100m – 400m – 1.500m – 100/110m Hurdles – High Jump – Long Jump – Hammer Throw – Javelin Throw	<b>Men &amp; Women</b>	200m – 800m – Pole Vault – Triple Jump – Shot Put – Discus Throw
100m – 400m – 80/100m Hurdles – High Jump – Long Jump – Hammer Throw – Javelin Throw	<b>14-15 Years (YOB 2005-2006)</b>	200m – 800m – Shot Put – Discus Throw
100m – 400m – 60/80m Hurdles – Long Jump – Javelin Throw	<b>12-13 Years (YOB 2007-2008)</b>	80m – 200m – 600m – High Jump – Shot Put
100m – 400m – 60m Hurdles – High Jump – Javelin Throw	<b>10-11 Years (YOB 2009-2010)</b>	60m – 200m – 600m – Long Jump – Shot Put
	<b>-9 Years (YOB -2011)</b>	40m – Long Jump – Boll Throw

You can easily compete in an older age group if you want to!

### PRIMETIME

Again this year there will be Primetime for the youngest in the morning and for the adults in the afternoon!

### Tailwind at 100 og 200m – Running opposite

If there is a headwind at the 100 og 200m, then we are running in the opposite direction, so we will try to create optimal conditions for the sprinters!

### 2 run at 100m for all sprinters



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